



COLE CENTER FAMILY YMCA NEWSLETTER September 2017

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Our Mission: To put Christian principles into practice, through programs that build healthy spirit, mind and body for all.

Hello,
September!

Youth Development Light The Night-Kids Area



Join us for games, crafts and snacks in the

Hours of Operation


Mon-Thu 4:30am-10pm
Friday 4:30am-8:30pm
Saturday 6am-6pm
Sunday 1pm-5pm

Child Care Hours

Mon-Fri 8am-1pm
4pm-7:30pm
Saturday 8am-12pm
Sunday Closed

Take a Virtual
Tour of the Y

View our Current
Programs Brochure

 Like us on Facebook

Follow us on **twitter**

What's this Pickelball craze??

kids area before the walk!

September 26th
5-7pm



Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a wiffle ball, over a net.

Open Pickelball play times:

TUESDAYS
5:00-7:00pm
THURSDAYS
5:00-7:00pm

*Ask for bag of equipment
players are responsible for
set up and tear down on your
own

SATURDAYS 9:00am-12:00pm
*Courts will be set up and
ready for play

Healthy Living Farm Stand

Stop by and get some fresh veggies
and fruits!



Farm Stand

Wednesdays—Ligonier, IN

Strong Tower Worship Center—Main St. Location

Thursdays—Kendallville, IN

Cole Center Family YMCA (1st & 3rd Thursday)

Parkview Noble Center for Healthy Living (2nd and
4th Thursday)

Starting July 27th

CASH ONLY

Visit us at www.activatenoblecouny.com

www.facebook.com/ActivateNobleCounty

activatenoble@gmail.com

Cost:

\$1.00 per pound

Of any vegetable



Time:

3-6PM

(for all locations)



Calling All Volunteers!!!!



Social Responsibility
Fueling Your Faith Retreat

There's still time to sign up-you deserve it!

the  FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REFLECT REFRESH RESTORE

**Fueling Your Faith Retreat
YMCA CAMP POTAWOTAMI**

**Sunday, September 24th
1:00 - 7:30 pm**

- The Fueling Your Faith event includes a four-hour retreat at beautiful YMCA Camp Potawatami where participants are given training and time to put into practice renewing Christian principles of rest, solitude, silence, and reflection. **Address: 7255 E 700 S, Wolcottville IN, 46795**
- The training will be led by Brenda Janks, the founder of **Run Hard Rest Well**, a ministry that teaches people how to restore margins in life in order to be refreshed to love, care and serve.
- The retreat concludes with dinner together after the training, and the evening will end with s'mores around the campfire. Training includes snacks, a t-shirt, time to hike the trails or relax by the lake, and more!

1 pm: Check-in
1:30 pm: Retreat Welcome & Intro
6 pm: Dinner
7 pm: Campfire

Ages 16 & older—\$20 per person (\$25 if register after Sept., 8th)
For families with children, fun activities will be provided for ages 4 through 15 during the training.

Register online at www.coleymca.net or call 260-347-9622
For questions or more information, please contact Lisa Walter, Business Manager, at 260.347.9622 or businessmanager@colemca.net. This event is open to all YMCA members and to the whole community.

Run Hard.  Rest Well.

We are searching for individuals that want to serve our community in our Togetherhood program.

We are in great need of one or two individuals that are willing to commit to be leaders in this program.

There is a great need and this is an amazing way to fulfill our Social Responsibility!

Please email us for more information or if you are interested in serving on this committee!

**membership@colemca.net
healthandwellness@colemca.net
.net**

Upcoming Events

- **Fueling Your Faith Retreat- September 24th**
- **2nd LiveStrong Session- end of September**
- **Light the Night-Kids Activities September 26th 5-7pm**
- **Light the Night Walk- September 26th 7pm**
- **Walk Into My Future- Trine University September 28th**
- **Diabetes Prevention Program- coming Mid-October**
- **YMCA Halloween Party- October 27th 6-pm**

Thank you for subscribing to our newsletter! If you have any questions please feel free to contact us or visit our website www.coleymca.net.

Sincerely,

