



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE WORLD IS 71% WATER YOUR CHILDREN ARE 100% CURIOUS Safety Around Water

Drowning can happen nearly anywhere with standing water. But, as a parent or caregiver, you can't keep your kids sidelined. You need to equip your children with the tools they need to be confident in and around water so they don't lose out on the **health benefits** of exercise, the opportunities to bond with **family and friends** and the **sense of accomplishment** when they learn new skills. Teaching children how to be safe around water is not a luxury; it is a necessity. The YMCA's **Safety Around Water** program can help you make sure they learn essential water safety skills, which can open up a world of possibilities for them.

## WHAT IS SAFETY AROUND WATER?

This 5-session course teaches kids water safety and basic swimming skills that help reduce the risk of drowning and builds confidence in and around water.

### A typical session includes:

- Exercises to help kids adjust to being in water
- Instruction in "Jump, Push, Turn, Grab" and "Swim, Float, Swim," two skill sets kids can use if they unexpectedly find themselves in the water
- Specific safety topics like what to do if you see someone in the water who needs help
- Fun activities that reinforce skills.

## SAFETY AROUND WATER

June 12-16, 2017

Safety Around Water is open to anyone in the community who wants their children (age 6-18) to learn how to be safe in and around water for a \$10 fee.

9-10 AM  
Central Noble School  
Bussing Area

### For more information, contact:

COLE CENTER FAMILY YMCA  
700 S Garden Street, Kendallville  
260-347-9622  
Coleyymca.net

Registration form on back or go on line to [www.coleyymca.net](http://www.coleyymca.net)



The COLE CENTER FAMILY YMCA,  
along with area  
clubs and organizations,  
is sponsoring the annual  
Safety Around Water  
(formerly Begin to Swim)  
program for youth completing  
grades K-12 and adults.  
Where we emphasize water safety,  
build confidence and have fun.

All classes are held at the  
COLE CENTER FAMILY YMCA,  
700 S Garden St,  
Kendallville, IN 46755.

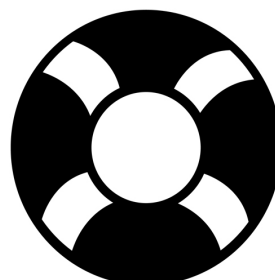
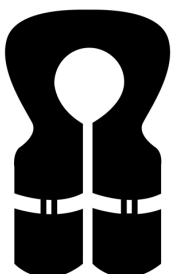
If you have any questions or concerns please contact  
Sarah at  
COLE CENTER FAMILY YMCA at 260-347-9622.

**9-10 am**

## **Central Noble Bussing Area**

Open to any area if you provide your own transportation.

Pick up location	Pick up time	Drop off time	Cost for the Week
Wolf Lake School	8:05 am	10:45 am	\$10
Central Noble East Lot	8:20 am	10:30 am	\$10



# 2017 YMCA BEGIN TO SWIM CENTRAL NOBLE BUSSING AREA 9-10 am

Check one	Transportation Location
<input type="checkbox"/>	Providing Own Transportation
<input type="checkbox"/>	WOLF LAKE SCHOOL
<input type="checkbox"/>	CENTRAL NOBLE EAST LOT

CHECK ONE	LEVEL OF SWIMMING	CHECK ONE	LEVEL OF SWIMMING
<input type="checkbox"/>	Non –Swimmer (unable to swim and can not put face in water)	<input type="checkbox"/>	Intermediate (able to swim (10 yds) width of pool on front <u>and</u> back)
<input type="checkbox"/>	Beginner (can float on front and back by themselves)	<input type="checkbox"/>	Advanced (able to swim (15-25 yds) length of pool of front <u>and</u> back crawl)

Participants Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

2014/2015 Grade \_\_\_\_\_ Address \_\_\_\_\_

City & St. \_\_\_\_\_ Zip \_\_\_\_\_

Best Contact Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

Email Address \_\_\_\_\_ Emergency Contact # \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Parent's Birth Date \_\_\_\_\_

Please list any Health Conditions on a separate piece of paper.

I would be willing to chaperone on the bus trip to and from the YMCA:

Yes     No

- \$10.00 PAYMENT MUST BE INCLUDED WITH THIS FORM TO GUARANTEE A SPOT IN CLASS.
- If mailing this form and payment: it should be into the Y, by Wednesday, June 7, 2017.

COLE CENTER FAMILY YMCA  
PO BOX 233  
KENDALLVILLE, IN 46755

- Payment will not be refunded or credited unless class is cancelled by the YMCA.
- Any questions please contact Sarah at the COLE CENTER FAMILY YMCA at 260-347-9622.