



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE WORLD IS 71% WATER YOUR CHILDREN ARE 100% CURIOUS

Safety Around Water

Drowning can happen nearly anywhere with standing water. But, as a parent or caregiver, you can't keep your kids sidelined. You need to equip your children with the tools they need to be confident in and around water so they don't lose out on the **health benefits** of exercise, the opportunities to bond with **family and friends** and the **sense of accomplishment** when they learn new skills.

Teaching children how to be safe around water is not a luxury; it is a necessity. The YMCA's **Safety Around Water** program can help you make sure they learn essential water safety skills, which can open up a world of possibilities for them.

WHAT IS SAFETY AROUND WATER?

This 5-session course teaches kids water safety and basic swimming skills that help reduce the risk of drowning and builds confidence in and around water.

A typical session includes:

- Exercises to help kids adjust to being in water
- Instruction in "Jump, Push, Turn, Grab" and "Swim, Float, Swim," two skill sets kids can use if they unexpectedly find themselves in the water
- Specific safety topics like what to do if you see someone in the water who needs help
- Fun activities that reinforce skills

SAFETY AROUND WATER

June 12-16, 2017

Safety Around Water is open to anyone in the community who wants their children (age 6-18) to learn how to be safe in and around water for a \$10 fee.

11 AM-12 PM
Priarie Heights
Bussing Area

For more information,

COLE CENTER FAMILY YMCA
700 S Garden Street, Kendallville
260-347-9622
Coleymca.net



Registration form on back or go on line to www.coleymca.net

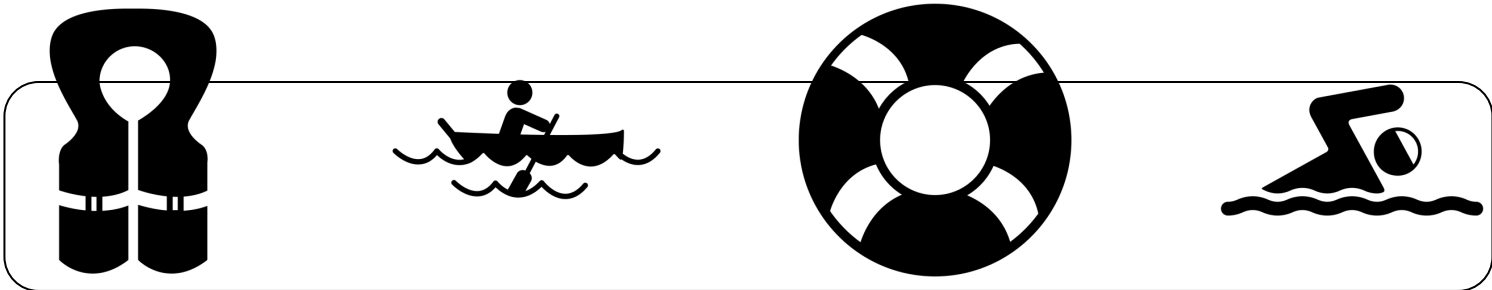
The COLE CENTER FAMILY YMCA,
 along with area clubs and organizations,
 is sponsoring the annual Safety Around Water
 (formerly Begin to Swim) program for youth
 completing
 grades K-12 and adults.
 Where we emphasize water safety,
 build confidence and have fun.

All classes are held at the
 COLE CENTER FAMILY YMCA,
 700 S Garden St,
 Kendallville, IN 46755.

If you have any questions or concerns please contact Sarah at the
 COLE CENTER FAMILY YMCA at 260-347-9622.

11 AM – 12 PM
Prairie Heights Bussing Area
 Open to any area if providing own transportation.

AREA	CLASS TIME	FEES	PICK UP SITE	PICK UP TIME	DROP OFF TIME
Prairie Heights School	11 AM – 12 PM	\$10.00	Prairie Heights Middle School	10:05 AM	1:00 PM
Stroh	11 AM – 12 PM	\$10.00	Farmers State Bank	10:20 AM	12:45 PM
South Milford	11 AM – 12 PM	\$10.00	South Milford Church of Christ	10:35 AM	12:30 PM



2017 YMCA BEGIN TO SWIM PRAIRIE HEIGHTS BUSSING AREA 11 AM - 12 PM

CHECK ONE	Transportation Location	CHECK ONE	Transportation Location
	Providing Own Transportation		FARMERS STATE BANK
	PRAIRIE HEIGHTS MIDDLE SCHOOL		SOUTH MILFORD CHURCH OF CHRIST

CHECK ONE	LEVEL OF SWIMMING	CHECK ONE	LEVEL OF SWIMMING
	Non -Swimmer (unable to swim and can not put face in water)		Intermediate (able to swim (10 yds) width of pool on front <u>and</u> back)
	Beginner (can float on front and back by themselves)		Advanced (able to swim (15-25 yds) length of pool of front <u>and</u> back crawl)

Participants Name _____ Age ____ Birth Date _____

2014/2015 Grade ____ Address _____

City & St. _____ Zip _____

Best Contact Phone _____ Secondary Phone _____

Email Address _____ Emergency Contact # _____

Parent / Guardian Signature _____ Parent's Birth Date _____

Please list any Health Conditions on a separate piece of paper.

I would be willing to chaperone on the bus trip to and from the YMCA: ___ Yes ___ No

- \$10.00 PAYMENT MUST BE INCLUDED WITH THIS FORM TO GUARANTEE A SPOT IN CLASS.
- If mailing this form and payment: it should be into the Y, by Wednesday, June 7, 2017.

COLE CENTER FAMILY YMCA
PO BOX 233
KENDALLVILLE, IN 46755

- Payment will not be refunded or credited unless class is cancelled by the YMCA.
- Any questions please contact Sarah at the COLE CENTER FAMILY YMCA at 260-347-9622.